# *IN VITRO* OVICIDAL ACTIVITY OF MIXTURE OF LINALOOL AND ESTRAGOLE AGAINST GASTROINTESTINAL NEMATODES OF SHEEP

## IN VITRO OVICIDNA AKTIVNOST SMEŠE LINALOOLA I ESTRAGOLA PROTIV GASTROINTESTINALNIH NEMATODA OVACA

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#### ABSTRACT

Based on the results in different studies conducted so far, plant essential oils (EOs) are recently been marked as a possible solution for the problem of anthelmintic resistance (AR). However, their efficacy against a wide range of livestock parasites is due to active ingredients. In that context, the aim of this study was to evaluate the *in vitro* ovicidal effect of a mixture of linalool and estragole (14% : 86%, respectively) against sheep gastrointestinal nematodes (GINs) using the egg hatch test (EHT). The study was conducted using faecal samples of naturally infected sheep by GINs from two different farms located in Southern Italy. Coproculture of tested faecal samples was performed, as well as chemical analyses of the tested mixture. The egg hatch test (EHT) was performed at six different concentrations (50, 12.5, 3.125, 0.781, 0.195 and 0.049 mg/mL) and the obtained values were compared to the positive control (thiabendazole, 0.025 mg/mL) and the negative control (3% Tween 80, v/v). The tested binary combination showed high and dose-dependent ovicidal activity varied from 29.5% to 100%. The inhibitory effect on egg hatchability was similar (p>0.05) to the positive control (98.0%) at concentrations of 50 mg/mL (100%), 12.5 mg/mL (100%) and 3.125 (99.8%). Moreover, all tested concentrations showed significantly higher (p<0.001) activity compared to the negative control. The obtained results suggest that the combination of linalool:estragole has the potential to be used against sheep GINs. These also highlight the possible role of different combinations of certain constituents of essential oils in combating AR. However, these findings need confirmation in further in vivo studies.

Key words: *in vitro*, plant essential oils, linalool, estragole, gastrointestinal nematodes,

anthelmitical resistance

## SAŽETAK

Na osnovu rezultata do sada sprovedenih istraživanja, etarska ulja biljaka su označena kao jedna od mogućih opcija za rešenje problemarezistencije na antihelmintike. Pri tome, za njihovu efikasnost protiv različitih parazita domaćih životinja odgovorni su njihovi aktivni sastojci. U tom kontekstu, cilj ovog istraživanja je bio ispitati ovicidnu efikasnost smeše linaloola i estragola (14% i 86%, tim redom) protiv gastrointestinalnih nematoda (GIN) ovaca koristeći test izleganja jaja (egg hatch test (EHT)). U studiji su korišćeni uzorci fecesa ovaca prirodno inficiranih GIN sa dve različite farme u južnoj Italiji. Koprokultura testiranih uzoraka je sprovedena, kao i hemijske analize testirane smeše. EHT je sproveden za šest različitih koncentracija (50; 12,5; 3,125; 0,781; 0,195 i 0,049 mg/mL), pri čemu su dobijeni rezultati upoređeni sa pozitivnom (tiabendazol, 0.025 mg/mL) i negativnom (3% Tween 80) kontrolom. Testirana binarna kombinacija je pokazala snažnu, dozno-zavisnu ovicidnu aktivnost koja je varirala između 29,5% i 100%. Inhibitorni efekat na izleganje larvi je bio sličan (p<0,05) pozitivnoj kontroli (98,0%) pri koncentracijama od 50 mg/mL (100%), 12,5 mg/mL (100%) i 3,125 mg/mL (99,8%). Pri tome, kod svih testiranih koncentracija efekat je bio značajno veći (p<0,001) u poređenju sa negativnom kontrolom. Dobijeni rezultati ukazuju na to da ispitana smeša linaloola i estragola ima potencijal da se koristi protiv GIN ovaca. Takođe, ova studija ukazuje na moguću ulogu različitih sastojaka biljnih etarskih ulja u borbi protivrezistencije na antihelmintike. Međutim, ovi nalazi zahtevaju dodatnu potvrdu u budućim in vivo ispitivanjima.

Ključne reči: in vitro, etarska ulja biljaka, linalool,estragol, gastrointestinalne nematode, rezistencija na antihelmintike

The intensive use of anthelmintics in the past few decades, for the control of various nematode infections in livestock, has resulted in the development of anthelmintic resistance (AR) (1,2). This is especially pronounced in sheep gastrointestinal nematodes (GINs), which are associated with low body development, decrease in production and reproductive indexes and increase in mortality in the sheep flocks (3). Unfortunately, various single- and multipledrug resistant species of these parasites are already common throughout the world (1). The increased resistance led to reduced efficacy of most commonly used anthelmintics, such as benzimidazoles and macrocyclic lactones (3), consequently causing major economic losses (4). For these reasons, infections caused by GINs became nowadays a major concern and obstacle facing sheep farmers around the world (3,5).

The worldwide increased difficulty to control GIN infection in sheep, as well other nematode infections in livestock, requires devising new strategies and alternative approaches. These include the use of medicinal plants and their products known as plant secondary metabolites (PSM) with anthelmintic activity (5). Among them are essential oils (EOs) - aromatic, concentrated and complex mixtures of volatile nonpolar compounds extracted from plant material (6). These plant products were already shown a wide range of medicinal properties such antibacterial. antifungal, as antiparasitic, anti-inflammatory and antiseptic effect. therefore increasing interest in their use in veterinary medicine (7,8). Furthermore, some EOs have already shown anthelmintic potential against GINs of sheep, which include EOs of Mentha piperita (9), Thymus vulgaris (10), Lavandula Rosmarinus officinalis (4), officinalis (11), Eucalyptus citriodora (12), communis Juniperus (13).Achillea millefolium (14) and some others (15).

The anthelmintic effect of EOs is related to their chemical composition, i.e. presence of many bioactive compounds (16). Therefore, some studies examined and demonstrated the anthelmintic potential of isolated compounds from essential oils. That includes cinnamaldehyde, anethole, carvone, carvacrol, thymol, eugenol, vanillin and linalool and others (17, 18, 19, 20). In some cases, the anthelmintic activity of their binary, ternary and quaternary combinations against sheep GINs was also evaluated, whereby it was demonstrated that some of these components are showing synergic properties and higher activity when formulated in combination (17). For some of these combinations, it was concluded that they represent promising formulations for sustainable parasite control based on the activity thev showed. For example. cinnamaldehyde:carvone was tested in vitro (17) and anethole:carvone was tested both in vitro and in vivo (17,21), whereby their high anthelmintic potential was demonstrated.

Linalool ( $C_{10}H_{18}O$ ) is a monoterpene widely present as a major alcohol constituent of plant EOs with extensive use. Linalool per se is considered non-toxic for mammals, and its comprehensive range of bioactive properties was demonstrated in many studies so far. That refers to its antiinflammatory, anticancer. antihyperlipidemic, antimicrobial, antiparasitic, analgesic neuroprotective and effects besides all (22). On the other hand, estragole (methyl chavicol,  $C_{10}H_{12}O$ ) is a relatively non-toxic volatile ether which is an isomer of anethole. Estragole is also an important constituent of many EOs with widespread folk medicine application in and aromatherapy mostly for antimicrobial, antiparasitic. antispasmodic, local immunostimulant and anesthetic properties (23,24). Since both compounds expressed antiparasitic effects individually, it was assumed that the mixture of these compounds could have even stronger anthelmintic properties, which can be likely attributed to their synergism.

A combination of linalool and estragole in a similar ratio used in the present study was found in some chemotypes of basil EO (Ocimum basilicum L.), mostly with other compounds present in smaller percentages (25,26,27). However, it is important to note that the chemical composition of basil EO may vary depending on various endogenous and exogenous factors. It may contain monoterpenes derivates (linalool, camphor, limonene, 1,8-cineole, geraniol) and phenylpropanoid derivates (chavicol, methyl chavicol - estragole, eugenol, methyl eugenol, methyl-cinnamate). Nevertheless, basil is a plant very famous for its many therapeutic properties and it has long been used for curing a lot of diseases and conditions such as strong aching, pyrexia, headaches. coughs, acne, diarrhea. constipation, kidney malfunction, infective diseases and worm diseases as well (25). In addition, antimicrobial activities against E. coli and S. aureus, as well antiparasitic against L<sub>3</sub> of Aedes aegypti for mentioned chemotypes that contain a similar ratio of linalool and estragole were scientifically validated (26,27).

The aim of this study was to evaluate the anthelmintic potential of binary combination linalool:estragole, against GINs of sheep.

## MATERIAL AND METHODS

## Sample – the binary mixture

A mixture of linalool:estragole was obtained from the producer "Alekpharm", Belgrade, Serbia. Confirmation of the presence of these compounds and determination of their ratio in the mixture was done by gas chromatography-mass spectrometry (GC-MS) analyses (13,14), which is widely used in plant essential oil compounds identification. The chemical analyses were performed at the Faculty of Sciences, University of Novi Sad, Serbia.

#### Obtaining eggs and the egg hatch test

The whole in vitro procedure was performed at the Regional Center for Parasitic Diseases (CREMOPAR), located in Eboli (Salerno Province, Campania Region), Italy. In vitro ovicidal potential of the tested synergistic combination was evaluated by using the egg hatch test (EHT), which is commonly used to test the efficacy of antiparasitic drugs and the detection of parasitic resistance. Faecal samples of sheep with natural mixed infection from two different farms in southern Italy were collected directly from the rectal ampulla, whereby samples were processed within 2h of collection using the recovery technique with some modification (30). Firstly, faecal samples were homogenized and filtered under running water through four sieves of different mesh sizes (1 mm, 250 µm, 212  $\mu$ m and 38  $\mu$ m) to separate the eggs from the faeces. Next, the GIN eggs retained on the last sieve were washed and centrifuged for 3 min at 1500 relative centrifugal force with distilled water, after which the supernatant was discarded. In the end, centrifugation was performed using a 40% sugar solution to float the eggs which are then isolated in new tubes, mixed with distilled water and then centrifuged two more times to remove pellets. In this way, an aqueous solution with eggs necessary for the egg hatch test was obtained.

The EHT was performed with different concentrations used as proposed by Ferreira et al. (2018) with some modification (4). 24-well plates, containing aqueous solutions of approximately 150 eggs/well, were used for this experiment. Six different concentrations of binary combination of linalool:estragole (50, 12.5, 3.125, 0.781, 0,195 and 0.049 mg/mL) were emulsified in Tween 80 (3%, v/v) and completed with distilled water in a final volume of 0.5 mL/well. After an incubation of 48h at 27°C, the number of eggs and firststage (L1) larvae were counted under an inverted microscope and the results were expressed as the mean percentage of egg hatching for each concentration. The obtained values were compared to the positive control (thiabendazole, 0.025 mg/mL), and the negative control (3% Tween 80, v/v).

#### Coproculture

To determine the genera of GINs in vitro tested on the efficacy of linalool:estragole binary combination, a pooled faecal culture for each farm was performed at CREMOPAR center following the protocol described by the Ministry of Agriculture. Fisheries and Food (28).Developed third-stage larvae  $(L_3)$ were identified using the morphological keys proposed by the used literature (29).Identification and percentages of each nematode genera were conducted on 100 L<sub>3</sub>.

## Statistical analysis

The mean percentage of egg hatching was calculated using the following formula (31):

IH (%) = Number of eggs / (number of eggs + number of larvae  $(L_1)$ ) x 100

Data on the inhibition of hatchability (IH) was analyzed by one-way ANOVA followed by Tukey's test (p<0.05) to compare values obtained for different concentrations with each other and with controls (+ and -) (31). Half maximal inhibitory concentration (IC<sub>50</sub>) was determined by nonlinear regression (4). All statistical procedures were performed by using the program GraphPad Prism 8.3.2.

## RESULTS

#### Chemical analyses

The results of GC-MS analyses confirmed the presence of linalool and estragole (methyl chavicol) in the tested sample and their ratio was 14:86, respectively.

## Egg hatch test

The results of the conducted EHT showed high activity of linalool:estragole combination against GIN eggs. The inhibitory effect on egg hatchability varied from 29.5% to 100% (table 1) and the effect was dosedependent  $(R^2 =$ 0,9528). All tested concentrations showed significantly higher activity (p<0.001) compared to the negative control and, for the three highest concentrations, the effect was high and similar

to that of thiabendazole (p>0.05). Calculated half-maximal inhibitory concentration (IC<sub>50</sub>) was 0.9804 mg/mL.

Table 1. Efficacy percentage (mean ± standard deviation) of linalool:estragole binary combination on egg hatching of sheep gastrointestinal nematodes

Concentration	Inhibition of
(mg/mL)	hatchability (%)
50	$100 \pm 0^{a}$
12.5	$100 \pm 0^{a}$
3.125	$99.8\pm0.5^{\rm a}$
0.781	$47.0 \pm 20.45^{b}$
0.195	$29.5 \pm 1.29^{b}$
0.049	$29.5\pm2.65^{\mathrm{b}}$
Thiabendazole, 0.025	$98.0\pm0.82^{a}$
mg/mL	
3% Tween 80 (v/v)	$16.8 \pm 5.56^{\circ}$

\*Values with different lowercase letters indicate significant differences (p<0.05) **Coproculture** 

In both examined farms, the coproculture identified the presence of four GIN genera: *Haemonchus* (53%), *Trichostrongylus* (29.5%), *Teladorsagia* (14.5%) and *Chabertia* (3%).

Results of the coproculture on each farm are shown in graph 1.



Graph 1. Percentage (%) of presented sheep genera on each tested farm

#### DISCUSSION

it was estimated Recently, that infections caused by GINs nowadays cost the European sheep industry hundreds of million € (32). However, it is difficult to assess the exact losses because these parasites can cause them in different ways. Therefore, due to the costs of anthelmintic-resistant nematode infections, there is a wide consensus on the need to enhance and implement early detection of AR, which includes the use of appropriate *in vitro* and in vivo methods (33). These methods are also widely used for testing the efficacy of different anthelmintic agents. In that context, in vitro tests are suitable for an initial evaluation and for the selection of compounds that have anthelmintic activity (19,34). Moreover, their advantages such as ease of low application, cost, speed, high reproducibility and lack of experimental animals make these tests widely used in the screening of medicinal plants (10). Among them, one of the most commonly used tests for evaluating the anthelmintic potential of EOs their compounds and is the EHT (4,9,10,11,12,13,14,17), whereby this test is considered accurate and reliable for this purpose. Therefore, EHT is important in the first step of the development of a new anthelmintic agent, after which different in vivo and toxicity tests may be conducted.

As a result of AR, as well as the public health concern due to the use of chemical therapeutics in livestock, there is a growing interest in alternative strategies for treating GINs. Within that context, many researchers agree that bioactive constituents produced by medicinal herbs to control GINs are a alternative conventional promising to anthelmintic drugs (35). In the present study, a combination of linalool:estragole binary showed high, dose-dependent ovicidal gastrointestinal potential against ovine nematode eggs. Namely, for the three highest concentrations (3.125-50 mg/mL) of the tested mixture, inhibition of egg hatchability was in the range of 99.75-100%, i. e. expressed the same activity as an effective anthelmintic. According to the criteria set up by the World

Association for the Advancement of Parasitology Veterinary (W.A.A.V.P.), developed for the evaluation of different anthelmintic agents tested in vitro, these activities are considered highly effective (10,34) Although the rest three concentrations showed lower activity, the effect was still significantly higher than negative control suggesting that the mixture of linalool and estragole exhibit the anthelmintic potential even at very small doses. Furthermore, the results of this study are also important because anthelmintic activity was shown against important nematode genera such as Haemonchus, Trichostrongylus, Teladorsagia and.

According to the knowledge of the authors of the present study, there are no literature data about examining the anthelmintic potential of linalool:estragole binary combination and this is the first evaluation. Katiki et al. (2017) evaluated the ovicidal activity of isolated linalool against Haemonchus contortus eggs, where it showed a high inhibition of hatchability with IC<sub>50</sub> of 0.29 mg/mL (17). In the study of Helal et al. (2020), the tested nematode species were similar as in the present study and pure linalool expressed a significant inhibitory activity against the motility of L<sub>3</sub> of sheep GINs at the highest concentrations tested for all examined species (*H*. contortus. *Trichostrongylus* axei, *Trichostrongylus* colubriformis, Teladorsagia circumcincta and Trichostrongylus vitrinus) except Cooperia oncophora, and also induced considerable structural damage to larvas (36). For isolated estragole, there are no data about the anthelmintic activity. However, linalool and estragole are common ingredients of Ocimum basilicum EO and often the two most represented compounds of this EO. The recent research showed that EOs from different *Ocimum basilicum* cultivars exhibited a significant effect on egg-hatch inhibition of *H*. *contortus* with a mean  $IC_{50}$  varying from 0.56-Interestingly, the cultivar 2.22 mg/mL. constituted mainly of linalool and methyl chavicol (estragole) was the cultivar with the highest egg-hatching inhibition, thus showing

its high anthelmintic potential (37). Based on this and other results, linalool:estragole combination was chosen for the evaluation of its ovicidal effects against sheep GINs in the present study.

Furthermore, in another study, our research team also evaluated the in vivo activity of this combination (same ratio of compounds) using the faecal egg count reduction test (FECRT) (38). The combination was perorally administrated to the sheep at the single dose of 100 mg/kg, whereby it reduced the number of counted nematode eggs by 24.91% and 25.90% at flock level on Days 7 and 14 treatment, respectively. after Individually observed. linalool:estragole combination average reduced FEC for 51.88% (Day 7 after treatment). Moreover, no side and toxic effects were observed on the animals after the administration of the tested combination. The results of this and the present study suggest the potential use of linalool:estragole combination in the future management of GINs infections as a valuable additional mean, in order to reduce the use of commercial anthelmintic and slowing development of anthelmintic resistance.

Linalool and estragole and their derivates were also important compounds in other EOs with proven anthelmintic activity against sheep GINs. Thus, linalool-acetate, an acetate ester of linalool, was a major compound of Lavandula officinalis EO (35.97%), which showed high ovicidal (IC<sub>50</sub> = 0.316 mg/mL) and larvicidal (IC<sub>50</sub> = 0.280mg/mL) activity against H. contortus (4). Linalool per se was a major component of Arisaema franchetianum EO that was also exhibited ovicidal and larvicidal activity also against H. contortus with IC<sub>50</sub> values of 1.63 mg/mL and 1.10 mg/mL, respectively (39). However, in that study isolated linalool did not show high activity in every assay and this result suggests that linalool is probably more effective in the presence of other bioactive ingredients due to synergism. On the other hand, estragole was one of the major components in both tested samples of Croton zehntneri EO (14.95% and 21.84%) which showed high anthelmintic potential with IC<sub>50</sub>

values in the EHT of 0.55 and 0.74 mg/mL, respectively (20).

The exact mode of action and high anthelmintic efficacy of different EOs is still not fully understood. It was suggested that bioactive ingredients of the EOs penetrate the cuticle of the nematodes by transcuticular diffusion. altering the mechanisms of locomotion and causing cuticular lesions (15). Other reports suggested the involvement of EOs components in interrupting the nematode nervous system (40) and/or in inhibition of AChE activity (41,42). Furthermore, bioactive compounds may disrupt the cell membrane of the nematode and change its permeability (40). On the other hand, high ovicidal activities shown in the EHT suggested abilities of EO compounds to penetrate the gelatinous matrix and act on nematode eggs. It is important to note that knowing and understanding the mode of action of the EOs and their bioactive ingredients are of practical importance for nematode control because it may give useful on information the most appropriate formulation and delivery means (43). For comparison, benzimidazoles selectively bind with high affinity to parasite  $\beta$ -tubulin and inhibit microtubule polymerization. This lead to the destruction of cell structure and consequent death of the parasite (44)

Although all compounds may be important for the biological properties of EOs, their efficacy mostly comes from their main ingredient or a few of them and their synergism (15,16). That fact offers a possibility for a use of binary, ternary and quaternary combinations of main components of the same or different EOs in an attempt to find the most active combination for control of nematodes (17). There is a large number of EOs bioactive constituents and a practically unlimited number of their combinations, so it is important to find the most suitable ones for the development of formulations. Besides high efficacy against parasites, those combinations should have low toxicity for hosts and small residues in meat and milk. Moreover, it is considered that in comparison to commercial drugs, these natural formulations would have higher environmental acceptability and lower

susceptibility to anthelmintic resistance (4,45). Therefore, the use of plant-based formulations as medicine offers an attractive alternative for controlling livestock parasites and combating anthelmintic resistance.

#### CONCLUSION

Plant EOs are valuable natural sources that can play a significant role in combating AR, which is especially important in the case of sheep GINs. The results of the present study showed that a mixture of two constituents of EOs – estragole and linalool - may also greatly affect these parasites, thus it represents a good basis for the development of new formulations for the prevention and treatment of infections caused by nematodes. That may highly increase the possibility to find valuable means for controlling livestock parasites.

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