

Concentrations of 17 elements in muscle, gills, liver and gonads of five economically important fish species from the Danube River

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ABSTRACT

Key-words:
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The Danube River in the vicinity of the city of Belgrade receives large amounts of untreated or poorly treated communal and industrial waste waters. The aim of this study was to assess elemental accumulation patterns in a number of economically important fish species in this area that belong to different trophic levels. Concentrations of 17 elements (Al, As, B, Ba, Cd, Co, Cr, Cu, Fe, Li, Mn, Mo, Ni, Pb, Se, Sr and Zn) were assessed in liver, muscle, gills and gonads of silver carp (*Hypophthalmichthys molitrix*), freshwater bream (*Abramis brama*), white bream (*Blicca bjoerkna*), common carp (*Cyprinus carpio*) and wels catfish (*Silurus glanis*) from the Danube River in Serbia by the use of ICP-OES. Silver carp specimens were differentiated from the other four species by high concentrations of Al and Fe in the liver. Common carp specimens were differentiated by high concentrations of Zn in gills, muscle and liver. Distribution of elements among different tissues had a consistent pattern among the species. Concentrations of Pb, Cd, As, Zn, Cu and Fe in muscle were at acceptable levels for human consumption, while concentrations of Fe and Zn were above maximum acceptable concentrations in liver and gonads.

RÉSUMÉ

Les concentrations de 17 éléments dans le muscle, le foie, les branchies et les gonades de cinq espèces de poissons économiquement importants du Danube

Mots-clés :
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Le Danube à proximité de la ville de Belgrade reçoit de grandes quantités d'eaux usées communales et industrielles non traitées ou mal traitées. Le but de cette étude était d'évaluer les schémas d'accumulation des éléments dans un certain nombre d'espèces de poissons économiquement importants dans cette région, qui appartiennent à différents niveaux trophiques. Les concentrations de 17 éléments (Al, As, B, Ba, Cd, Co, Cr, Cu, Fe, Li, Mn, Mo, Ni, Pb, Se, Sr et Zn) ont été évaluées dans le foie, le muscle, les branchies et les gonades de la carpe argentée (*Hypophthalmichthys molitrix*), la brème commune (*Abramis brama*), la brème bordelière (*Blicca björkna*), la carpe commune (*Cyprinus carpio*) et silure glane (*Silurus glanis*) du Danube en Serbie par l'utilisation de l'ICP-OES. Les spécimens de carpes argentées se différencient des quatre autres espèces par des concentrations élevées d'aluminium et de fer dans le foie. Les spécimens de carpes communes sont caractérisés par de fortes concentrations de Zn dans les branchies, les muscles et le foie. La répartition des éléments entre différents tissus a un schéma

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semblable entre les espèces. Les concentrations de Pb, Cd, As, Zn, Cu et Fe dans les muscles étaient à des niveaux acceptables pour la consommation humaine, tandis que les concentrations de Fe et Zn étaient au-dessus des concentrations maximales acceptables dans le foie et les gonades.

INTRODUCTION

Many industrial facilities along the Danube River in Serbia release untreated waste water into the river (Teodorović *et al.*, 2000; Stanković, 2006). Combined with the release of untreated communal waste waters, this makes Serbia one of the major pollution emitters in the Danube Basin (Kirschner *et al.*, 2009). Heavy metals are considered to be among major pollutants in the Danube in Serbia (Teodorović, 2009), which is especially pronounced in the Danube River section between the two largest cities in Serbia, Novi Sad and Belgrade.

Fishery has a long tradition in Serbia. In 2010, there were 511 registered commercial fishermen on the Danube in Serbia, with the annual catch of approximately 3000 t (Smederevac-Lalić *et al.*, 2011). The major problem with regard to the commercial fishery in this area is a lack of organized purchase of the catch, as well as the distribution of fish directly to consumers, without any prior detailed analysis. Regular analysis of the fish meat quality is considered as a very important measure. Through the food chain, fish are able to accumulate pollutants such as heavy metals at levels that could represent a potential risk, not only to the fish but also to piscivorous animals and the human population (Berveets and Blust, 2003; Burger and Gochfeld, 2005; Çalta and Canpolat, 2006; Alibabić *et al.*, 2007; Yilmaz *et al.*, 2007). Heavy metals and trace elements differ in their accumulation levels and patterns depending on fish species, as well as on a fish tissue (Rashed, 2001; Višnjić-Jeftić *et al.*, 2010; Jarić *et al.*, 2011). Special attention should be given to tissues that are used by humans (i.e., muscle, liver and gonads) and to fish species that are able to accumulate higher concentrations of toxic elements. Certain trace elements are essential in small amounts for the body growth and development (i.e., Co, Cr, Cu, Mn, Mo and Zn), while the excessive elemental concentrations are toxic and even potentially carcinogenic to humans (Agah *et al.*, 2009).

In the present study, 17 elements were analyzed in muscle, gills, liver and gonads of the five commercially exploited fish species from the Danube River, caught in the vicinity of the city of Belgrade. The species were selected as those most common in the Danube fishermen catch in Serbia. The main goal was to compare accumulation patterns among different fish tissues and species, as well as to determine whether specific elements exceeded maximum acceptable concentrations for human consumption.

MATERIAL AND METHODS

> STUDY AREA AND SAMPLE COLLECTION

Fish specimens were collected from the Danube River section situated within the city of Belgrade (1173 km of the river flow). Samples were collected during February-May 2010, and comprised five commercially exploited fish species: silver carp (*Hypophthalmichthys molitrix* Valenciennes 1844, $N = 11$), freshwater bream (*Abramis brama* Linnaeus 1758, $N = 11$), white bream (*Blicca bjoerkna* Linnaeus 1758, $N = 12$), common carp (*Cyprinus carpio* Linnaeus 1758, $N = 6$) and wels catfish (*Silurus glanis* Linnaeus 1758, $N = 8$). The species were selected as those that are regular in fishermen catch in the study area. Common carp and wels catfish are among the economically most valuable fish species in the Danube in Serbia, as well as silver carp, although it is a non-native species (Lenhardt *et al.*, 2011). These five fish species occupy different habitats and differ with regard to their diet. White bream is a demersal species, while the other four species are benthopelagic. With the exception of wels catfish,

which is a non-migratory species, the other species are potamodromous. The main food of silver carp (in specimens larger than 1.5 cm standard length) is phytoplankton. Freshwater bream mainly feeds on insects (particularly on chironomids), small crustaceans, mollusks and plants, while white bream feeds on different benthic invertebrates. Common carp is an omnivorous species, while adult wels catfish preys on fish and other aquatic vertebrates.

Specimens were sacrificed with a quick blow to the head, measured for their total weight (g) and total body length (cm), and subsequently dissected. Samples were removed from gills, liver, gonads and the right dorsal muscle, washed with distilled water and stored on -20°C prior to analysis. Gonad samples were obtained only from freshwater bream, white bream and common carp specimens, since they were still undeveloped in the remaining two species.

> ANALYTICAL PROCEDURES

Samples were dried by Freeze Dryers Rotational-Vacuum-Concentrator, GAMMA 1-16 LSC, Germany, and subsequently processed in a microwave digester (speedwaveTM MWS-3⁺; Bergof Products + Instruments GmbH, Eningem, Germany), using 0.2–0.5 g dry weight sample portions and 6 mL of 65% HNO_3 and 4 mL of 30% H_2O_2 (Merck suprapure) at a food temperature program (100–170 $^{\circ}\text{C}$). A number of blank samples were also prepared, to resolve potential presence of trace elements in utilized chemicals. Digested samples were cooled to a room temperature and diluted with distilled water to a total volume of 25 mL. The analysis was performed by inductively-coupled plasma optical spectrometry (ICP-OES). It included the assessment of concentrations of the following 17 elements: Al, As, B, Ba, Cd, Co, Cr, Cu, Fe, Li, Mn, Mo, Ni, Pb, Se, Sr and Zn. The following wavelength lines of the ICP-OES analysis were used (nm): Al 394.401, As 189.042, B 249.773, Ba 233.527, Cd 228.802, Co 228.616, Cr 205.552, Cu 324.754, Fe 259.941, Li 460.289, Mn 259.373, Mo 202.095, Ni 231.604, Pb 220.353, Se 196.090, Sr 460.733, and Zn 206.191. The analytical process quality control, performed by the use of BCR-185R reference material of bovine liver and IAEA-336 Lichen reference material, indicated that the resulting concentrations were within 90–115% of the certified values for all measured elements. There were no certified values for B and Li. All concentrations were expressed as $\mu\text{g}\cdot\text{g}^{-1}$ dry weight (dw).

> STATISTICAL ANALYSIS

Statistical analysis included comparisons of elemental concentrations among the five fish species, as well as among different tissues within each species. Assessment of the differences among the groups was performed by means of the Jonckheere-Terpstra test. Relationships between the fish size and weight and trace element levels in different tissues were assessed by the Spearman's non-parametric correlation test. Principal component analysis (PCA) was applied to assess the differentiation among the analyzed fish tissues and among the five analyzed species, based on elemental concentrations. The untreated data for elemental concentrations in each tissue were used as input variables. Concentrations in muscles were also recalculated to the wet tissue weight and compared with the maximum acceptable concentrations (MAC) in fish meat for the utilization in human diet, established by the European Union (EU; European Commission Regulation, 2006), Food and Agriculture Organization of the United Nations (FAO; FAO, 1983) and the national legislation (Baltić and Teodorović, 1997).

RESULTS

The average weight, total body length and elemental concentrations in four analyzed tissues of each of the studied species are presented in Table I. The analysis has revealed that concentrations of Cd, Co and Pb were below detection thresholds in all analyzed samples. Concentrations of Cr, Li and Ni were each above detection thresholds in only a single liver sample

of silver carp (21.369, 9.821 and 0.813 $\mu\text{g}\cdot\text{g}^{-1}$ dw, respectively), while Se was present only in a single freshwater bream liver sample (1.641 $\mu\text{g}\cdot\text{g}^{-1}$ dw). Consequently, concentrations of these elements were not subjected to statistical analysis.

Comparisons among the five analyzed fish species showed that they significantly differed in a number of the assessed elements ($p < 0.05$; Table I). The largest number of differences in element levels was observed in wels catfish, and this species also had on the average the largest number of minimum elemental concentrations. Significant differences were also numerous between common carp and the other four species. In gills, most of the analyzed elements had the lowest concentrations in wels catfish. The greatest similarity was observed between the freshwater bream and white bream, since there was the smallest number of significant differences between these two species.

PCA indicated that the silver carp samples were grouped based on increased concentrations of Mo, Mn and Sr in gills, while the wels catfish gills were characterized by the lowest concentrations of the analyzed elements (Figure 1). PCA conducted on liver samples indicated that the silver carp was grouped based on increased Mo and Cu concentrations (Figure 2), while the other four species substantially overlapped. As and Cu were excluded from PCA, since As was below detection thresholds in all gill samples, and Cu was registered only in a single gill sample (in wels catfish, 160.11 $\mu\text{g}\cdot\text{g}^{-1}$ dw).

Elemental distribution among different tissues had a consistent pattern among the species. Concentrations of As, Cu and Mo were highest in liver, Al, B, Ba, Mn and Sr in gills, while Fe and Zn had the highest concentrations in both liver and gills. The lowest concentrations of the most of the analyzed elements were observed in muscle, followed by gonads. Overall, gills were most differentiated tissue based on the level of elemental accumulation.

There were only a few significant correlations between the elemental accumulation and fish size and weight. In the liver of silver carp, Al had a strong positive correlation with the fish weight and total and standard length (correlation coeff. 0.718, 0.782 and 0.809, respectively, $p < 0.05$). Mo had a weak but significant negative correlation with fish size and weight in gills and liver of silver carp (correlation coeff. ranged between -0.624 and -0.764 , $p < 0.05$), in gills of freshwater bream (correlation coeff. ranged between -0.704 and -0.746 , $p < 0.05$) as well as with fish standard length in gonads of common carp (correlation coeff. -0.900 , $p < 0.05$). In gills of wels catfish, Sr was negatively correlated with fish length and weight (correlation coeff. ranged between -0.743 and -0.814 , $p < 0.05$).

Concentrations of Pb, Cd, As, Zn, Cu and Fe were below both national and EU MAC in all analyzed muscle samples of analyzed fish species. However, comparison of the prescribed MAC with the concentrations in other tissues, which are sometimes also utilized in human diet, indicated that national MAC for Fe (for canned fish meat, 30.0 $\mu\text{g}\cdot\text{g}^{-1}$ wet weight) was exceeded in liver of all analyzed species. Fe concentrations ranged among different species from 36.24 to 146.52 $\mu\text{g}\cdot\text{g}^{-1}$ wet weight in liver. The maximum concentrations were observed in the liver of common carp, wels catfish and silver carp (mean concentrations 130.91, 131.30 and 146.52 $\mu\text{g}\cdot\text{g}^{-1}$ wet weight, respectively). Furthermore, both national and FAO MAC for Zn (30.0 $\mu\text{g}\cdot\text{g}^{-1}$ wet weight) were exceeded in silver carp and common carp liver (mean concentrations 45.77 and 183.84 $\mu\text{g}\cdot\text{g}^{-1}$ wet weight, respectively), as well as in freshwater bream and white bream gonads (45.84 and 37.71 $\mu\text{g}\cdot\text{g}^{-1}$ wet weight, respectively). Finally, both national and FAO MAC for Cu (30.0 $\mu\text{g}\cdot\text{g}^{-1}$ wet weight) were slightly exceeded in silver carp liver (mean concentration 39.15 $\mu\text{g}\cdot\text{g}^{-1}$ wet weight).

DISCUSSION

Analysis performed in this study revealed the existence of differences in concentrations of the assessed elements among species, as well as among the assessed tissues. Concentrations of Pb, Cd, As, Zn, Cu and Fe were below MAC in all analyzed muscle samples, which indicates that the meat of studied species should be safe for utilization in human diet. However, concentrations in other tissues (liver and gonads) exceeded MAC, which is in line with previous studies on fish from Danube (Jarić *et al.*, 2011). Such tissues should be therefore omitted

Table 1
 Elemental concentrations in different tissues of the five fish species from the Danube River. Concentrations are expressed as $\mu\text{g g}^{-1}$ dry weight, while ND indicates the values below the detection threshold. L_t – total body length, M – body weight, G – gills, M – muscle, L – liver, Gon – gonads.

	Silver carp (<i>Hypophthalmichthys molitrix</i>)	Freshwater bream (<i>Abramis brama</i>)	White bream (<i>Blicca bjoerkna</i>)	Common carp (<i>Cyprinus carpio</i>)	Wels catfish (<i>Silurus glanis</i>)
G	L _t (cm)	39.2 ± 4.24	29.8 ± 3.0	25.4 ± 1.3	43.5 ± 5.5
	M (g)	687.6 ± 215.6	302.1 ± 77.1	220.8 ± 40.4	610.8 ± 288.4
	Al	55.81 ± 51.94 ^a	46.48 ± 42.68 ^a	54.73 ± 72.53 ^a	ND ^b
	As	ND ^a	ND ^a	ND ^a	ND ^a
	B	41.82 ± 67.81 ^a	48.43 ± 43.93 ^a	39.40 ± 33.93 ^a	2.55 ^{e,b}
	Ba	12.74 ± 9.28 ^a	17.75 ± 9.64 ^a	17.25 ± 11.20 ^a	ND ^b
	Cu	ND ^a	ND ^a	ND ^a	160.11 ^{e,a}
	Fe	211.88 ± 69.40 ^a	369.21 ± 135.06 ^a	244.54 ± 108.56 ^a	54.93 ± 33.31 ^b
	Mn	69.42 ± 14.46 ^a	38.84 ± 16.40 ^a	8.35 ± 3.20 ^a	24.73 ± 10.31 ^a
	Mo	0.80 ± 1.77 ^a	0.14 ± 0.21 ^a	0.14 ± 0.12 ^a	0.05 ± 0.08 ^a
M	Sr	166.71 ± 35.03 ^a	93.35 ± 31.65 ^a	68.41 ± 18.78 ^a	59.34 ± 17.76 ^a
	Zn	73.72 ± 7.68 ^a	59.85 ± 11.70 ^a	51.91 ± 7.83 ^a	53.77 ± 9.38 ^a
	Al	ND ^a	ND ^a	ND ^a	ND ^a
	As	ND ^a	ND ^a	ND ^a	ND ^a
	B	ND ^a	ND ^a	ND ^a	ND ^a
	Ba	ND ^a	ND ^a	ND ^a	ND ^a
	Cu	ND ^a	ND ^a	ND ^a	ND ^a
	Fe	12.53 ± 15.30 ^a	1.31 ^{e,a}	2.86 ^{e,a}	ND ^a
	Mn	1.49, 0.12 ^{f,a}	1.47 ^{e,a}	ND ^a	ND ^a
	Mo	ND ^a	ND ^a	0.06 ^{e,a}	ND ^a
Sr	2.50 ± 2.25 ^a	2.85 ± 1.30 ^a	1.58 ± 0.71 ^a	0.08 ± 0.02 ^b	
Zn	31.90 ± 13.32 ^a	23.84 ± 9.96 ^a	17.08 ± 7.78 ^a	54.70 ± 25.73 ^b	
					0.24 ± 0.09 ^a
					7.91 ± 5.55 ^a

Table 1
Continued.

	Silver carp (<i>Hypophthalmichthys molitrix</i>)	Freshwater bream (<i>Abramis brama</i>)	White bream (<i>Blicca bjoerkna</i>)	Common carp (<i>Cyprinus carpio</i>)	Wels catfish (<i>Silurus glanis</i>)
L	Al	41.18 ± 60.69 ^a	54.78 ^{e,b}	26.49 ± 76.29 ^b	ND ^b
	As	0.21 ± 0.37 ^a	ND ^a	0.12 ± 0.28 ^a	ND ^a
	B	ND ^a	ND ^a	ND ^a	ND ^a
	Ba	3.929 ^{s,a}	ND ^a	ND ^a	ND ^a
	Cu	188.78 ± 85.42 ^a	14.14 ± 19.98 ^a	27.46 ± 31.07 ^a	21.97 ± 19.72 ^a
	Fe	511.72 ± 157.96 ^a	213.53 ± 105.86 ^a	138.54 ± 69.90 ^b	418.36 ± 303.98 ^a
	Mn	1.98 ± 1.64 ^a	2.05 ± 1.36 ^a	2.18 ± 1.73 ^a	0.052, 1.463 ^{f,a}
	Mo	1.52 ± 0.38 ^a	0.46 ± 0.12 ^a	0.69 ± 0.15 ^a	0.33 ± 0.09 ^a
	Sr	0.29 ± 0.22 ^a	0.26 ± 0.56 ^a	0.30 ± 0.31 ^a	0.04 ± 0.03 ^a
	Zn	222.40 ± 59.76 ^a	66.77 ± 26.74 ^a	74.72 ± 24.41 ^a	582.79 ± 368.05 ^a
Gon	Al	/	3.470, 10.81 ^{f,a}	ND ^a	ND ^a
	As	/	0.15 ^{e,a}	0.11 ± 0.28 ^a	ND ^a
	B	/	ND ^a	ND ^a	ND ^a
	Ba	/	ND ^a	ND ^a	ND ^a
	Cu	/	ND ^a	1.16 ± 2.407 ^a	ND ^a
	Fe	/	19.24, 67.38 ^{f,a}	26.04 ± 21.04 ^a	6.28, 60.42 ^{f,a}
	Mn	/	2.81, 18.14 ^{f,a}	9.73 ± 8.78 ^a	ND ^a
	Mo	/	ND ^a	0.07 ± 0.05 ^b	0.11 ± 0.08 ^b
	Sr	/	0.10, 1.28 ^{f,a}	1.96 ± 5.32 ^a	0.18 ± 0.10 ^a
	Zn	/	137.76, 407.21 ^{f,a}	146.83 ± 100.73 ^a	74.53 ± 62.79 ^a

^{a,b,c,d} The value with a different letter in the same row is different (Jonckheere-Terpstra test, $p < 0.05$).

^e Concentrations above detection threshold only in a single sample.

^f Concentrations above detection threshold only in two samples.

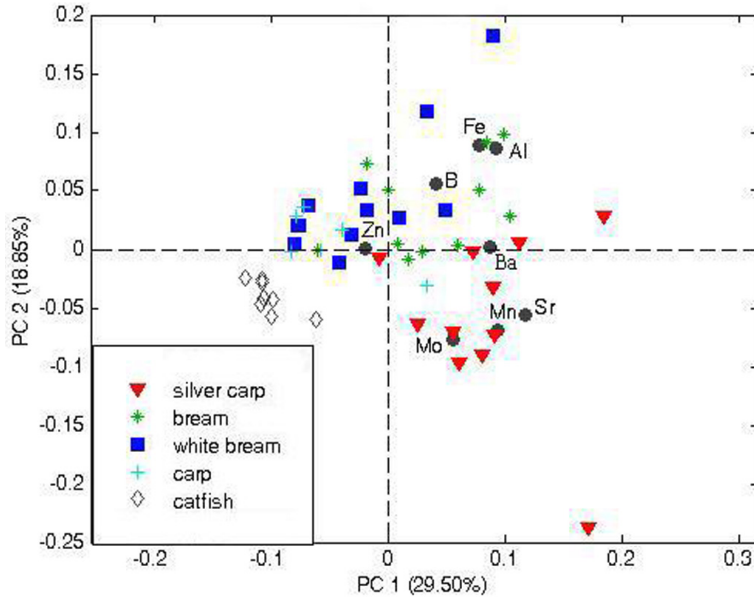


Figure 1

Principal Component Analysis applied on the elemental concentrations in gills of five studied fish species; the untreated data for elemental concentrations in gills were used as input variables.

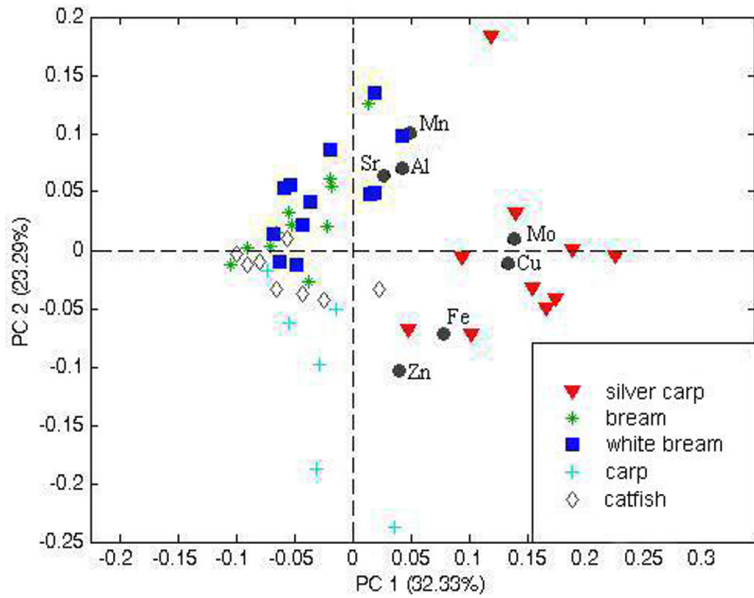


Figure 2

Principal Component Analysis applied on the elemental concentrations in liver of five studied fish species; the untreated data for elemental concentrations in liver were used as input variables.

from human diet (Has-Schön *et al.*, 2006). Meals should be prepared without inner organs (i.e., kidney, liver and intestines; Has-Schön *et al.*, 2008).

The accumulation patterns tend to vary among species based on their behavior and feeding habits (Agah *et al.* 2009) which is in accordance with the results in this study. Wels catfish had the lowest concentrations of assessed elements in gills when compared with other analyzed species, which might be explained with its different behavioral patterns. Wels catfish is predominantly a nocturnal species. During daytime, it is consistently situated in a littoral zone, where it spends extended periods of time hidden in concealed habitats (Carol *et al.*, 2007).

Silver carp diverged from the other four species based on elemental concentrations in liver, which could be a result of its different feeding habits (i.e., phytoplankton as its main food). Common carp, freshwater bream and white bream have relatively similar diets, which might be a reason for similar elemental accumulation patterns observed in these three species. Significantly higher Zn concentrations in tissues of common carp than in other four fish species might be caused by its specific physiology. This is in line with the findings of Jeng and Sun (1981) and Liao *et al.* (2006) that Zn concentrations in common carp digestive tract are always >10 times higher than in most of the animal tissues.

Our results are in accordance with the findings of other authors, namely that the highest elemental concentrations are accumulated in metabolically active tissues such as liver and gills (Rashed, 2001; Dural *et al.*, 2006; Erdogrul and Erbilir, 2007; Kenšova *et al.*, 2010; Poleksić *et al.*, 2010), while muscles commonly have lower elemental concentrations (Çalta and Canpolat, 2006; Ploetz *et al.*, 2007; Agah *et al.*, 2009). Fish liver accumulates the highest Cu levels (Rashed, 2001), since Cu represents an inherent part of the enzymes localized in the liver (Kenšova *et al.*, 2010). The highest Al and Sr concentrations were found in gills, which is in line with previous studies on the Danube fish (Višnjić-Jeftić *et al.*, 2010; Jarić *et al.*, 2011; Sunjog *et al.*, 2012).

In the present study, there was no clear relationship observed between the fish length and the elemental accumulation. Such findings differ from previous studies on other fish species. For instance, Agah *et al.* (2009) observed negative length dependent relationships for almost all investigated elements in the muscles of flathead (*Platycephalus* sp.), greasy grouper (*Epinephelus tauvina* Forsskål 1775) and tigertooth croaker (*Otolithes ruber* Bloch & Schneider 1801). In a study by Rashed (2001), concentrations of Cu in muscle and liver of Nile tilapia (*Tilapia nilotica* Linnaeus 1758) increased with fish age, while concentrations of Co, Fe, Mn, Ni and Zn in muscle and Cr, Fe, Mn Ni, Sr and Zn in liver slightly decreased. Such differences in results could be probably explained by differences in life histories of assessed fish species, as well as by differences in their habitats.

Numerous studies were focused on pollution in different fish species of economic importance, especially on those that represent important elements of human diet (Erdogrul and Erbilir, 2007). In that sense, our study provides valuable information, as all studied fish species also represent major object of commercial fishery in the Danube in Serbia. Moreover, since elemental concentrations in fish organs depend on the actual level of the pollution in the waterbody they inhabit, studies of elemental accumulation in fish tissues are also able to indicate the actual elemental levels in the environment (Çalta and Canpolat, 2006; Poleksić *et al.*, 2010).

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